The Speed of Trust “Audition” Information

Performances: April 22-24

**What is this piece about?**

“Moving at the speed of trust” is a phrase often used in social justice spaces. It’s a reminder to slow down, to be in right relationship with others. Moving too fast or trying to “fix” things often causes more harm than good. The Speed of Trust will explore trust as the major theme, what it looks like, what it feels like, how to cultivate it, and what can spring from it.

This piece will be a devised theater performance, meaning that it is currently unwritten and will be created by the group through discussion, play, and movement.

In the creative process we’ll pay particular attention to the questions: what does it mean to slow down and build trust with ourselves, with our bodies, with a process beyond ourselves? What are some of the stories we tell ourselves/are told that keep us from trusting ourselves or others? In this moment of waiting for the COVID vaccine and a return to busy (or busier) interpersonal lives, what happens when we try to move at the speed of trust?

**What the heck is devising and how does it differ from a regular play?**

All theater is collaborative. Devised theater just takes that up a notch. Typically devised theater doesn’t start with a script. It starts with a group of people who want to play and create with each other. Through the act of being in community and sharing stories, things begin to emerge. Stories get told and woven together. The project gets “written” by the entire group.

In a non-devised theater setting, actors get cast in specific roles and the rehearsal process usually includes actors learning lines and blocking (movement) of a prewritten script. In this devised theater rehearsal process, no one will be “cast” in a particular role. We will start by just being with each other, exploring, playing, thinking, moving, and hopefully having fun while creating. By the end of our project, we’ll have something to share with our loved ones, what that looks like is up to us and our process :)

**What will “auditions” look like?**

There are really no auditions for this piece. If you are interested in getting involved with this project team **sign up here to chat with the existing creative team January 14th-18th** [**https://calendly.com/speed-of-trust/speed-of-trust-chats**](https://calendly.com/speed-of-trust/speed-of-trust-chats)**.**  During this meeting there will be absolutely no evaluation/“auditioning”/judgement. We’ll just talk and get to know each other. Come with your questions. Come with your passions. Come as you are. We are so excited to meet you and talk about this show.

After we’ve had a chance to meet with everyone, we will have a group zoom meeting to gather and start sharing stories. If after that initial meeting point, we feel we have too many people to share meaningfully with each other over zoom and coordinate schedules, we will choose by lottery a subset of folks to be involved in the performance. We will let you know if we have made the decision to reduce the number of people involved in the process. And if we have to do a lottery, you will be notified of the results of the lottery on the day of the casting cycle, Jan. 24th.

**Do I need any theatrical experience to be a part of this?**

NO! Absolutely no theater experience is needed to be a part of this piece. If you’ve ever told a friend a story, you are prepared to be a part of this project. If you’ve ever told a lie, you are prepared to be a part of this project. If you’ve ever played pretend as a little kid, you are prepared to be a part of this project. If you are a human being who is currently living a life or has lived a life, you are fully prepared to be a part of this project (yes, ghosts are welcome).

**What is the time commitment for this show?**

2-3 rehearsals per week, no more than 5 hours per week. 2 weeknight rehearsals and one weekend rehearsal. Rehearsals during tech week (the week leading up to performances) will be no more than 4 hours per night but hopefully closer to 3.

**What are the goals/values of this project?**

by the end of this project each person involved will understand more deeply what it means to

trust themselves

trust their bodies

trust (a collective creative) process

and move at the speed of trust

even if this understanding is fleeting